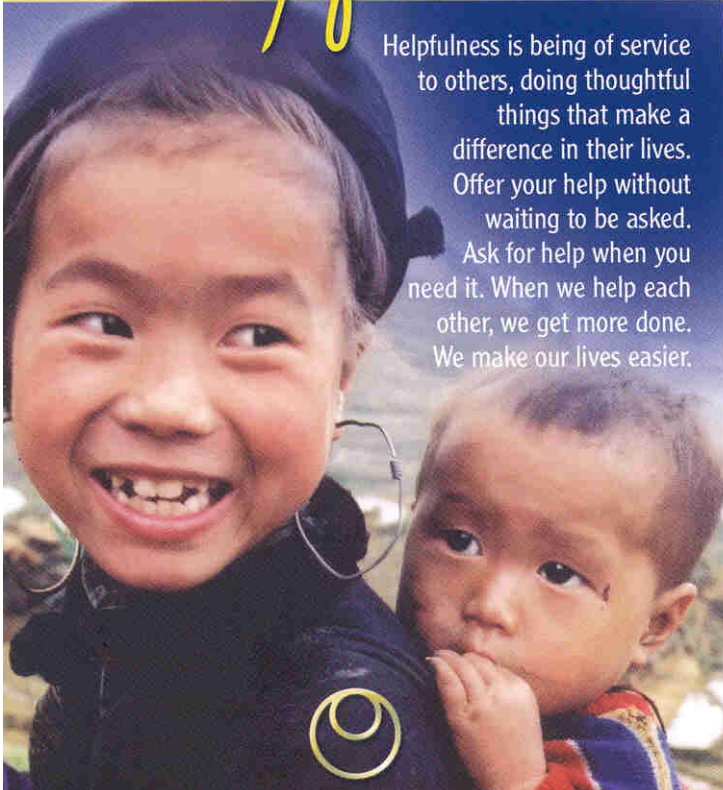


Family Virtues Newsletter

This weeks Virtue:

Helpfulness



Helpfulness is being of service to others, doing thoughtful things that make a difference in their lives. Offer your help without waiting to be asked. Ask for help when you need it. When we help each other, we get more done. We make our lives easier.

Things a family can do to practice *Helpfulness...*

- Notice when someone needs help
- Do a service without being asked
- Give people what they need, not always what they want
- Listen to someone who needs to talk
- Care for your own needs
- Ask for help when you need it



The pig and the sheep build a house with the help of the rabbit, goose and rooster.



Rene Steiner expresses helpfulness when he surprises the class and shares his joyfulness in playing the concertina.

Next Week: *Perserverance*

Come Join the Fun:



Virtues classes are held each Sunday at the Grand Bend Public School Community Room from 9:30 – 11:00 a.m. for children ages 5 – 14. All are welcome and it's free. Call Josy and Gord Britton at 238-6036 or gordbritton@hay.net to register your child. www.virtuesproject.com