### Issue 143 Flexibility January 20, 2008

# **Family Virtues Newsletter**

## This weeks Virtue:



Class creates imaginative suction cup puppets to use in a skit about flexibility.

#### Things a family can do to practice

lexibility...

- Learn from their mistakes
- Be willing to change bad habits
- Try imaginative new ways to do things
- Be open to the ideas and feelings of others
- Can adjust when something unexpected happens
- Go with the flow. Trust the unexpected



The children were about to drive to Niagara Falls, when grandma and grandpa unexpectedly came for a visit. The children adjusted their plans to stay home and be with their grand parents.

**Next Virtue:** 

# Come join the fun, our next Class is Feb 3:

Virtues classes are held Sunday, 9:30 – 11:00 a.m., in the Grand Bend Public School Community Access Room. Children ages 5 – 14 are welcome and it's free. Call Josy and Gord Britton at 238-6036 or <u>gordbritton@hay.net</u> to register your child. www.virtuesproject.com