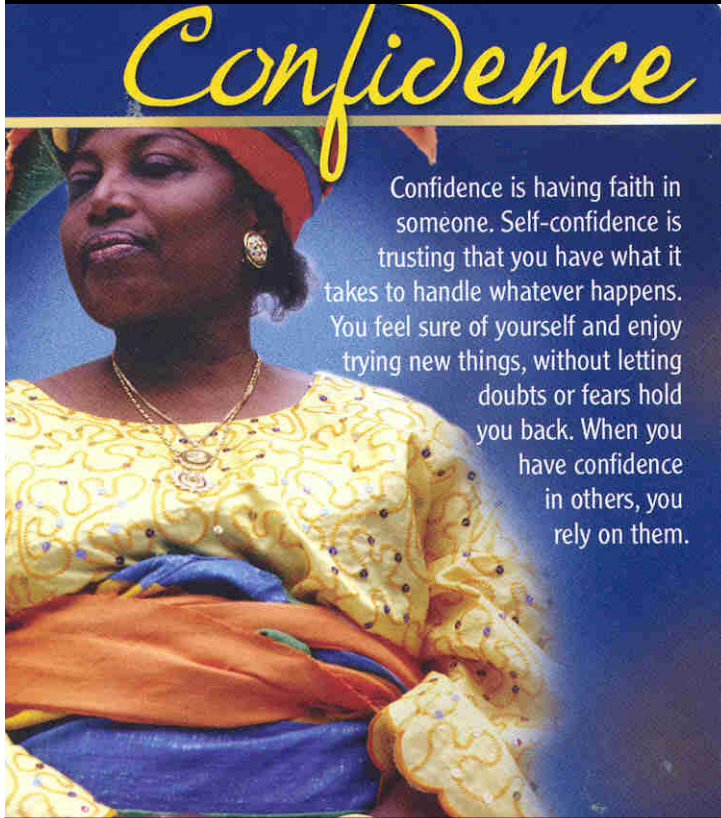


Family Virtues Newsletter

This weeks Virtue:



Things a family can do to practice

Confidence ...

- Know you are worthwhile and feel sure of yourself
- Don't let fear, doubt or worry stop you
- Discover your talents and try new things
- Learn from your mistakes
- Think positively
- Trust that all things work together for good



With the help of Avery, Sara says with confidence, "I am confident. I appreciate my gifts and give my best. I enjoy trying new things. I welcome new possibilities."



The Virtues Class sings, with their "frog" puppet, "I have confidence in sunshine. I have confidence in rain. I have confidence that spring will come again. I have confidence in me."

Next Week:

Tact

Come join the fun



Virtues classes are held Sunday's at the Grand Bend Public School Community Room from 9:30 – 11:00 a.m. for children ages 5 – 14. All are welcome and it's free. Call Josy and Gord Britton at 238-6036 or gordbritton@hay.net to register your child. www.virtuesproject.com