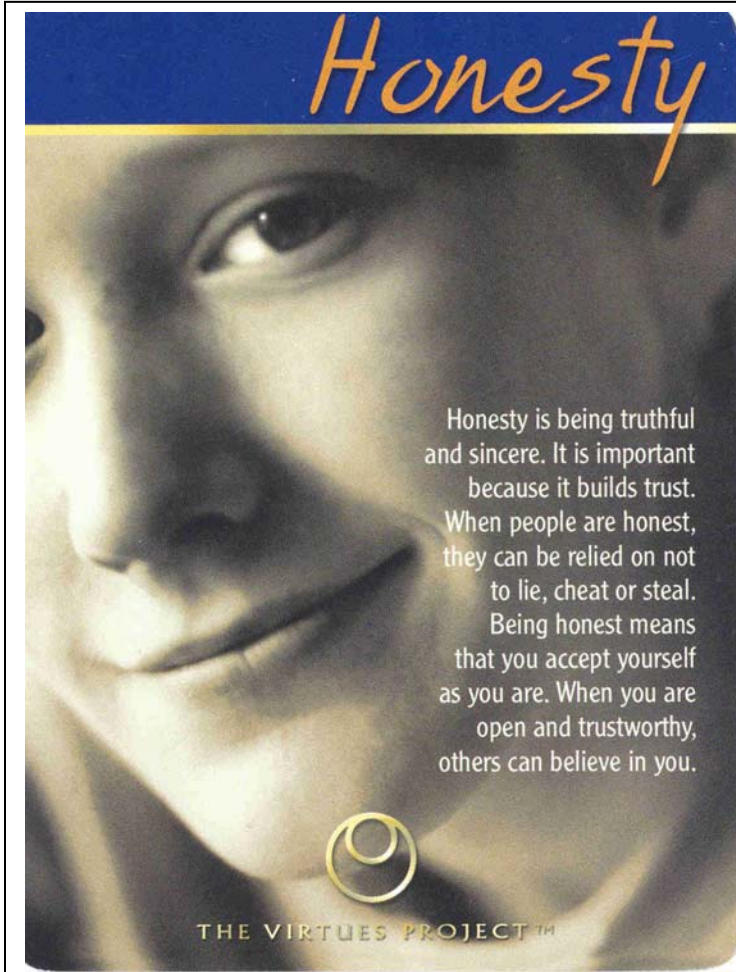


# Family Virtues Newsletter

This weeks Virtue:



*Honesty*

Honesty is being truthful and sincere. It is important because it builds trust. When people are honest, they can be relied on not to lie, cheat or steal. Being honest means that you accept yourself as you are. When you are open and trustworthy, others can believe in you.



THE VIRTUES PROJECT™

Things a family can do to practice *Honesty* ...

- Say what you mean and mean what you say
- Make promises you can keep
- Tell the truth tactfully
- Admit your mistakes
- Refuse to lie, cheat or steal
- Being true to yourself and do what you know is right



Emily honestly tells Alexis she has already had 2 Tim Bits and says to offer them to some one else.

Next Virtue:

*Commitment*



Rebecca helps Katie solve a crossword puzzle about honesty.

**Important Announcement:** We invite family and friends to join us at our Virtues Graduation next week.

Virtues classes are held each Sunday in the Grand Bend Public School, Community Access Room. Children ages 5 – 14 are welcome and it's free. Call Josy and Gord Britton at 238-6036 or [gordbritton@hay.net](mailto:gordbritton@hay.net) to register your child. [www.virtuesproject.com](http://www.virtuesproject.com)