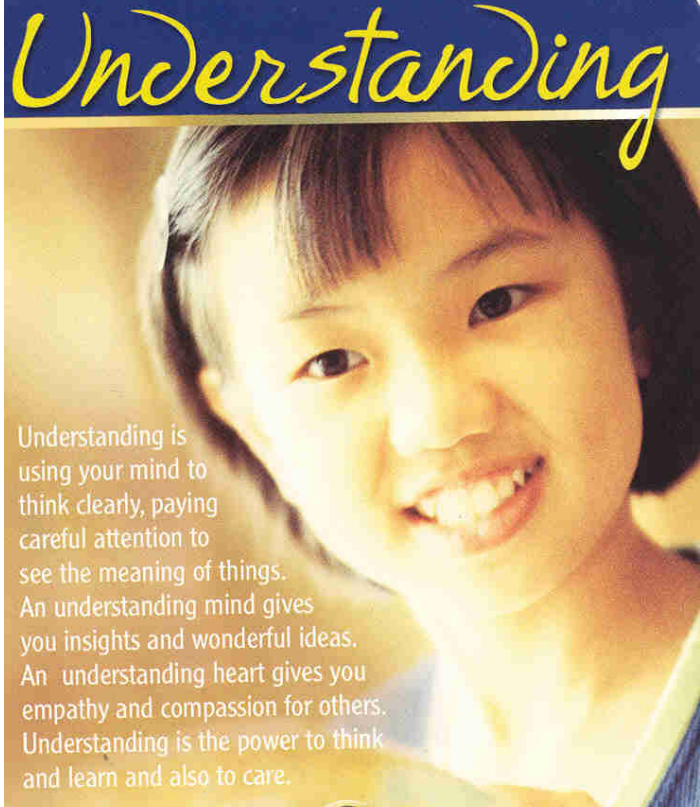


Family Virtues Newsletter

This weeks Virtue:



Things a family can do to practice

Understanding...

- Concentrate and pay close attention
- Reflect on the meaning of things
- See the whole picture
- Resist distractions
- Put yourself in other people's shoes
- Forgive others and yourself when you make mistakes

Next Virtue:

Love



Kelsey leaves the room to concentrate and resist the distraction of Sponge Bob on TV, while she does her homework.



Emily teaches, by pouring tea, that the mind cannot learn if it is already "full".



Come cheer on the Virtues Class at the Winter Carnival Parade Sat Feb 10th at 11am. Call Gord Britton at 238-6036 or gordbritton@hay.net if you want more information on Virtues Class.