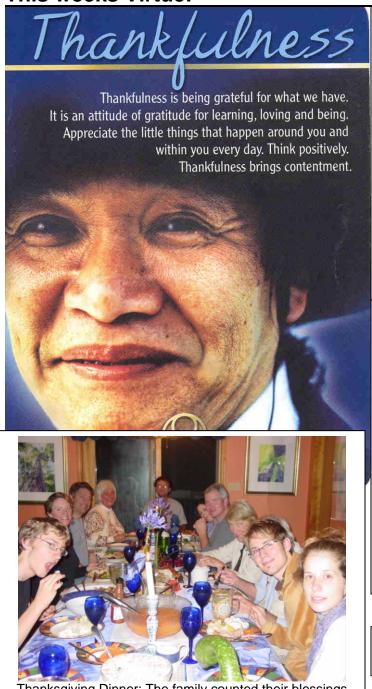
Issue 97 Thankfulness October 8, 2006

Family Virtues Newsletter

This weeks Virtue:



Thanksgiving Dinner: The family counted their blessings and was very thankful for time together, love, health, home, happiness, each person's uniqueness, shared memories...

Things a family can do to practice

Thankfulness...

- Be thankful for the gifts of life
- Appreciate your own abilities instead of envying others
- See the difficulties of life as an opportunity
- Enjoy your sense of wonder about the beauty in the world
- Be willing to receive what others want to give
- Count your blessings every day

We are thankful as we celebrated Aunt Liz's birthday that Ben will soon be a big brother.





Come join the fun:

Virtues classes are held every Sunday at the Grand Bend Public School Community Room from 9:30 – 11:00 a.m. for children ages 5 – 14. All are welcome and it's free. Call Josy and Gord Britton at 238-6036 or gordbritton@hay.net to register your child. www.virtuesprotect.com