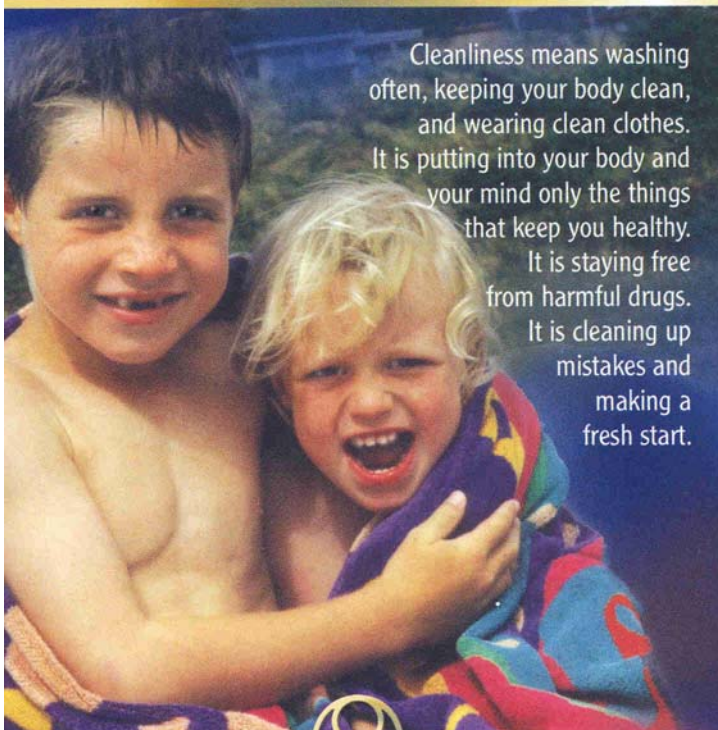


Family Virtues Newsletter

This weeks Virtue:

Cleanliness



Cleanliness means washing often, keeping your body clean, and wearing clean clothes. It is putting into your body and your mind only the things that keep you healthy. It is staying free from harmful drugs. It is cleaning up mistakes and making a fresh start.

Things a family can do to practice

Cleanliness ...

- Keep your body fresh and clean
- Put things away after you use them
- Help keep your home neat and clean
- Put only healthful things in your body
- Use clean language
- Clean up your mistakes



Jaimee washed her hands before and after making a puddin' painting.



In a skit about cleanliness, Gord stays strong, while fighting off germs (Jaimee and Dylan).

Next weeks
Virtue:

Kindness

Come join the fun !!

Virtues classes are held each Sunday from 9:30 a.m. to 11:00 a.m. at the Grand Bend Public School Community Room for children ages 5 – 14. All are welcome and it's free. Call Josy and Gord Britton at 238-6036 or gordbritton@hay.net to register your child. www.virtuesproject.com