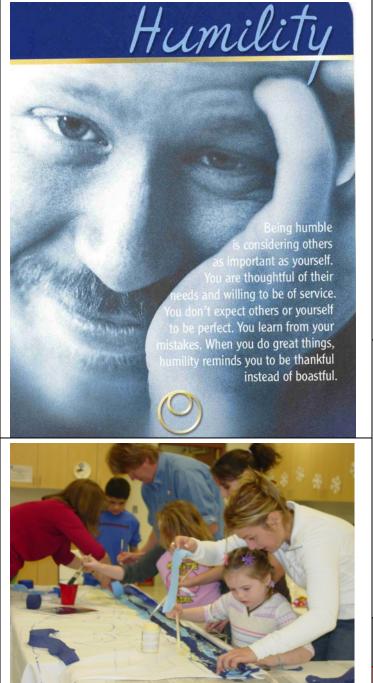
Issue 109 Humility January 14, 2007

Family Virtues Newsletter

This weeks Virtue:



The Class is making a banner for World Religion Day, symbolizing people as waves of one ocean and fish one sea.

Things a family can do to

practice Humility...

- Consider the needs of others as important as your own
- Apologize and make amends when you hurt others
- Learn from your mistakes and change for the better
- Ask for help when you need it
- Do your best just to do it, not to impress anyone
- Be grateful instead of boastful



Steele, Maddy, Kelsey and Josy perform a finger puppet skit of a race in which the winner shows humility and everyone encourages the last place runner to finish.

Next Virtue:



Come join us at World Religion Day at the Legion on Sunday Jan 21st at 2pm for an afternoon of music, dance and prayers for World Peace !!

Virtues classes are held each Sunday from 9:30 a.m. to 11:00 a.m. at the Grand Bend Public School Community Room for children ages 5 – 14. All are welcome and it's free. Call Josy and Gord Britton at 238-6036 or <u>gordbritton@hay.net</u> to register your child.www.virtuesproject.com