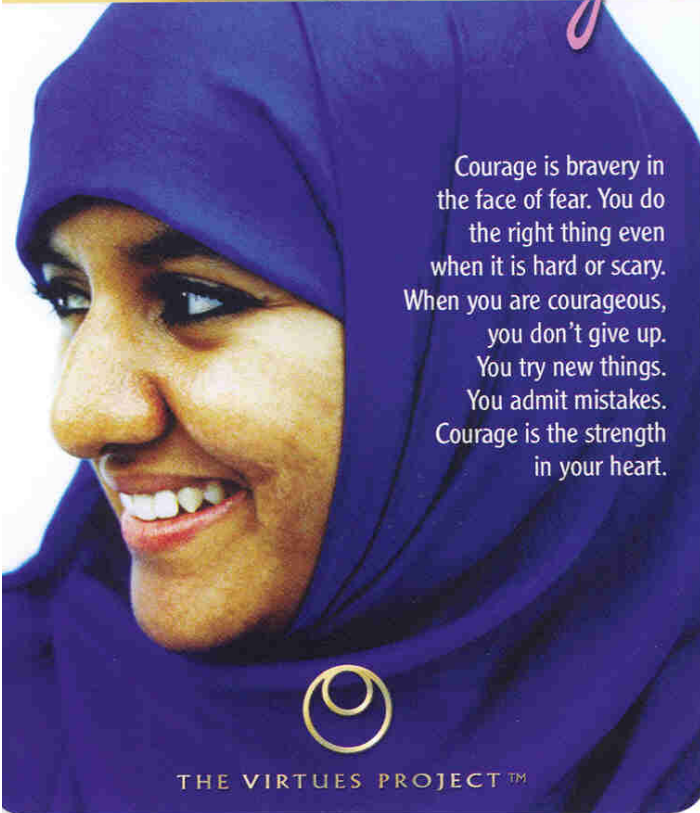


Family Virtues Newsletter

This weeks Virtue:



Courage

Courage is bravery in the face of fear. You do the right thing even when it is hard or scary. When you are courageous, you don't give up. You try new things. You admit mistakes. Courage is the strength in your heart.

THE VIRTUES PROJECT™

Things a family can do to practice *Courage* ...

- Stay strong even when you are afraid
- Be willing to try new things
- Admit mistakes and learn from them
- Make amends when you do something wrong
- Do what is right even when it is hard
- Ask for help when you need it



Two friends, who were afraid of cats, show courage when they rescue a baby bird from a cat.



Josy making a Virtues Silhouette of Erinn. Each week we capture the gifts of character each child displays on their Silhouette.

Next Virtue:

Orderliness

Welcome back. We hope everyone had a wonderful summer.

Virtues classes are held each Sunday from 9:30 a.m. to 11:00 a.m. at the Grand Bend Public School Community Room for children ages 5 – 14. All are welcome and it's free. Call Josy and Gord Britton at 238-6036 or gordbritton@hay.net to register your child.